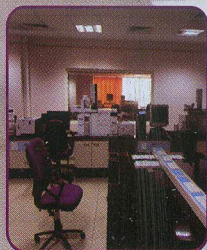




must submit your TUE application to your IF, which is responsible for accepting applications and granting TUEs.



For other athletes who are members of a country's national registered testing pools, TUE applications must be submitted to the athletes NADOs.

**Retroactive TUEs:**

There are situations for which TUEs may be granted retroactively.

1. Emergency treatment or treatment of an acute medical condition.
2. If, due to exceptional circumstances, there was insufficient time or opportunity for an applicant to submit, or a TUEC to consider, an application prior to doping controls.

**WADA's role regarding TUEs:**

WADA's role in the TUE process is two-pronged.

1. Through its TUEs WADA has the right to monitor and review any TUE granted by a federation or Anti-doping organization. It can revise any decision.
2. An athlete who submits a TUE application to a federation or anti-

doping organization and is denied a TUE, can appeal the decision to WADA TUEC that the denial of the TUE did not comply with the International standard. WADA can reverse the decision.

URL : [www.wada-ama.org](http://www.wada-ama.org)

**Reference Documents**

1. WADA Code, 2009
2. International Standard for Therapeutic Use Exemption (January, 1<sup>st</sup> 2015).
3. Medical Information to support the decisions of therapeutic use exemption committees (TUEC's) 2011)
4. WADA Therapeutic Use Exemption Guidelines Version 6.0, January 2015

**NATIONAL DOPE TESTING LABORATORY**

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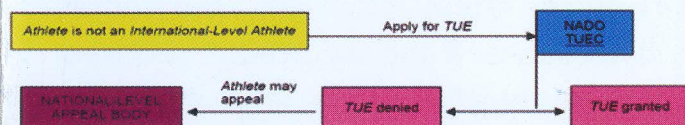
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Find our more at [wada-ama.org](http://wada-ama.org)

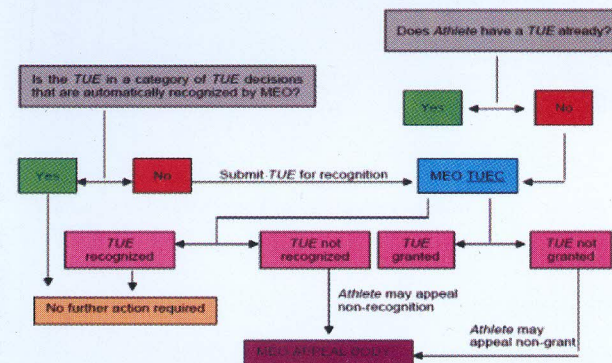
**EDUCATION SERIES ON  
DOPING CONTROL - 4**

**Therapeutic  
Use Exemption  
(TUE)**

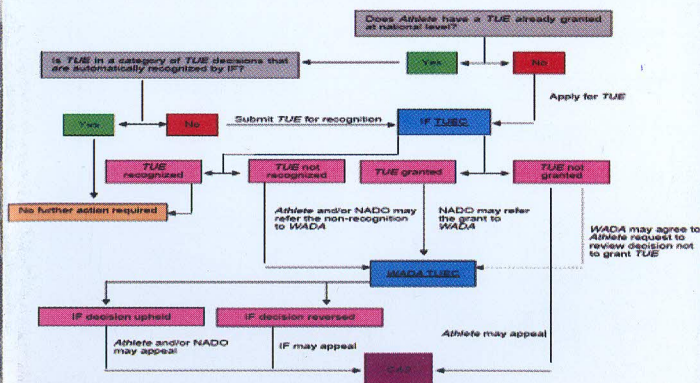
1. TUE procedure if Athlete is not an International-Level Athlete when need for TUE arises



2. Athlete enters Event for which Major Event Organization (or "MEO") has its own TUE requirements



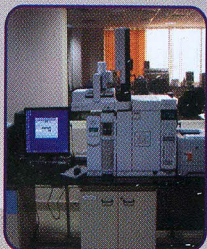
3. TUE Procedure if Athlete is an International-Level Athlete (and so subject to the International Federation's TUE requirements) when need for TUE arises





## What is Therapeutic Use Exemptions?

The use of drug for enhancement of performance in sports is banned by World Anti Doping Agency (WADA). Athletes, like all others, may have illness or conditions that require them to take particular medications. If the medication required happens to fall under the Prohibited list, a Therapeutic Use Exemption (TUE) may give that athlete the authorization to take the needed medication.



### TUE procedure:

A TUE is required for all treatments involving the use of a prohibited substance or method. All athletes are strongly advised to submit their applications at least 30 days prior to participating in an event. For substances prohibited in and out of competition, the TUE application must be submitted as soon as the medical condition requiring the use of prohibited substances or methods is diagnosed.

Specific procedure for asthma treated with inhaled beta-2 agonists

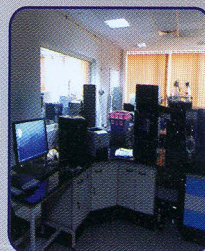
All athletes who need to use inhaled beta-2 agonists for medical purposes must:

- Have a justifying medical file.
- Declare these substances in ADAMS where reasonably possible.
- Declare these substances on the Doping Control Form.

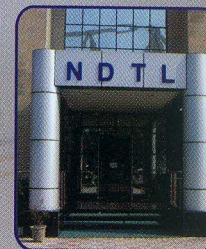
### Criteria for granting a TUE

The four criteria that must be fulfilled before a TUE is granted:

1. The Athlete would experience a significant impairment to health if the Prohibited Substance or Prohibited Method were to be withheld in the course of treating an acute or chronic medical condition.
2. The therapeutic Use of the Prohibited Substance or Prohibited Method would produce no additional enhancement of performance
3. There is no reasonable therapeutic alternative to the Use of the otherwise Prohibited Substance or Prohibited Method.
4. The necessity for the Use of the otherwise Prohibited Substance or



Prohibited Method cannot be a consequence, wholly or in part, of prior non-therapeutic Use of any substance from the Prohibited List. (Article In addition to these criteria, a TUE for asthma treated with inhaled beta-2 agonists may be granted only if there is a medical file justifying such use.



### Who grants TUE?

All International Federations (IFs) and National Anti Doping Organizations (NADOs) must have a process in place whereby athletes with documented medical conditions can request TUE. Such request appropriately dealt with by a panel of independent physicians called a Therapeutic Use Exemption committee (TUEC), IFS and NADOs, through their TUECs, are then responsible for granting or declining such applications.

### Where should an athlete submit a TUE application?

If you are an International athlete or if you are entered in an International event, you